





OCTOBER

Hot

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
			1 Parfait Juice, Milk Waffle, Egg Patty Hash Browns Blueberries, Milk	2 Pop Tarts, Fruit Juice, Milk  National Custodian Appreciation Day Grab-n-Go	Menus are very subject to change as availability of food changes Milk Options: 1% or Chocolate Breakfast - \$1.50 Reduced - \$.30 Lunch - \$2.50 Reduced - \$.40 After School Snacks FREE (Only students participating in an after school class that day) Adults - \$1.00 Extra milk/water-\$.25 Please check your Aspire SIS account to see if your meal account is in the GREEN! This Institution is an Equal Opportunity Provider
5 Muffin, Fruit Juice, Milk Pizza Ripper Corn, Apple Milk	6 Pastry Bites Fruit, Juice, Milk Hawaiian Haystack Peas, Pineapple Milk	7 Pumpkin Bread Fruit, Juice, Milk Chicken Sandwich Potato Wedges Peaches, Milk	8 Cinnamon Roll Fruit, Juice, Milk Beef Tacos Refried Beans Fruit Snacks, Milk	9 Pop Tarts, Fruit Juice, Milk Grab-n-Go	
12 Muffin, Fruit, Juice, Milk Pepperoni Pizza Stuffwich Carrots, Applesauce	13 Parfait Juice, Milk Chicken Alfredo Broccoli, Peaches Milk	14 Pastry Bites Fruit, Juice, Milk Chicken Nuggets Pinto Beans Apple Slices	15 	16 	
19 Muffin, Fruit Juice, Milk Big Daddy Pizza Green Beans Pears, Milk	20 Scone Fruit, Juice, Milk Teriyaki Chicken Rice, Veggie Medley Mandarin Oranges	21 Berry Vanilla Pastry Fruit, Juice, Milk BBQ Pulled Pork Sandwich Coleslaw, Peaches	22 Breakfast Cookie Fruit, Juice, Milk Sausage Pancake Wrap, Hash Browns Berry Cup, Milk	23 Pop Tarts, Fruit Juice, Milk Grab-n-Go	
26 Muffin, Fruit Juice, Milk Mini Calzones Carrots, Peaches Milk	27 Breakfast Sandwich Fruit, Juice, Milk Lasagna Broccoli, Roll Pears, Milk	28 Zucchini Bread Fruit, Juice, Milk Hamburger Tater Tots Strawberries, Milk	29 Scone Fruit, Juice, Milk Chicken Fajitas Black Beans Raisels, Milk	30 Pop Tarts, Fruit Juice, Milk Grab-n-Go	