

A Minimum of 2 pts Must Come From This Section - record details below

- 2 pts earned for each 2 mile (or more) hike you go on (attach pictures)
- 2 pts for every 4 hours of swimming/biking you do
- 2 pts for each elective PE class taken at Vista (Fitness for Life or iking)____ (yr) ____ (yr)
- Student Service (2 pts can be earned for every 4 hours of service - maximum 12 points)
list on last page
- 2 pts earned for each PE class you TA in Class: _____

TOTAL POINTS FOR THIS SECTION

TOTAL POINTS FOR ALL SECTIONS:

Details

Pre-Approved Community Event/Project (List the Event/Project and have a PE teacher sign it)

1. _____
teacher signature
2. _____
teacher signature

Swimming/biking (log dates and places)

- 1.
- 2.

Presidential Fitness Requirements (4 out of 5 categories - list categories)

- 1.
- 2.
- 3.
- 4.

Teacher Signature _____