

2022

# November



Hot

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
	<b>1</b> Chocolate Pastry Fruit, Juice, Milk  Chicken Parmesan Mixed Veggies Raisels, Garlic Bread	<b>2</b> Scone Fruit, Juice, Milk  Meatloaf Mashed Potatoes & Gravy, Roll, Pears	<b>3</b> Waffle Fruit, Juice, Milk  Burrito Black Beans, Peaches Jello, Milk	<b>4</b> Pop-Tart, Yogurt Fruit, Juice, Milk  Grab-n-Go PB&J or Deli	<b>Menus are Subject to change</b>  <b>Meal Prices</b> Breakfast-\$1.50 Reduced-\$.30 Second Meal \$2.50 Lunch - \$2.50 Reduced-\$.40 Second Meal \$3.50 Adult Meal \$3.50  a la Carte Items: - Milk \$ .50 - Water \$ .50  Milk Options: 1% or Fat Free Chocolate  <b>After School Snacks:</b> <b>FREE -</b> (Only for Students participating in an after school class that day) <b>Adults - \$1.00</b>  Please check your <b>Aspire SIS</b> account to see if your meal account is in the <b>Green</b>  This Instution is an Equal Opportunity Provider
<b>7</b> Muffin Fruit, Juice, Milk  Pizza Ripper Green Beans, Apple Rice Krispie Treat, Milk	<b>8</b> Scone Fruit, Juice, Milk  Pasta Carrots, Mixed Fruit Cheese Breadstick	<b>9</b> Apple Cinn. Toast Fruit, Juice, Milk  Grilled Chicken Sandwich, Tater Tots Applesauce, Milk	<b>10</b> Bagel Fruit, Juice, Milk  Beef Nachos Black Beans, Raisels Milk	<b>11</b> Pop-Tart, Yogurt Fruit, Juice, Milk  Grab-n-Go PB&J or Grilled Cheese	
<b>14</b> Muffin Fruit, Juice, Milk  Wild Mike's Pizza Peas, Peaches Pudding, Milk	<b>15</b> Parfait Fruit, Juice, Milk  Orange Chicken Rice, Broccoli Mandarin Oranges	<b>16</b> Donut Fruit, Juice, Milk  Tomato Soup, Grilled Cheese Sandwich Corn, Frozen Fruit Cup	<b>17</b> Zucchini Bread Fruit, Juice, Milk  French Toast Sticks Ham, Hash Browns Pears, Milk	<b>18</b> Pop-Tart, Yogurt Fruit, Juice, Milk  Grab-n-Go PB&J or Deli	
<b>21</b> Muffin Fruit, Juice, Milk  Pizza Ripper Peas & Carrots Pears, Milk	<b>22</b> Pumpkin Bread Fruit, Juice, Milk  Thanksgiving Dinner Turkey, Mashed Potatoes, Fruit, Roll Pumpkin Pie, Milk	<b>23</b>  NO SCHOOL	<b>24</b>  	<b>25</b>  NO SCHOOL	
<b>28</b>  NO SCHOOL	<b>29</b> Berry Pastry Fruit, Juice, Milk  Mini Calzones Corn, Pineapple Choc. Tiger Bites, Milk	<b>30</b> Apple Cinn. Toast Fruit, Juice, Milk  Lasagna Green Beans Peaches, Roll, Milk			